

WOMEN'S HEALTH
at
Ocean Wave Medical

Ph: 5491 9044

BOOK ONLINE AT www.oceanwavemedical.com.au

4 DEDICATED FEMALE DOCTORS

Dr Alison Roper MBBS, FRACGP

Dr Christelle Greeff MBChB, FRACGP

Dr Deborah Vercoulen MBBS, FRACGP (USyd)

Dr Venera Edwards, MBBS

Dr Amir Akram MBBS, FRACGP

Dr John Fogarty MBBCh(Belf.) FRCS

Dr Jonathan Jing MBBS, FRACGP

Dr Tony Moor MBBS, FRACGP (UQ)

Dr Geoff Broad MBBS

Ocean Wave Medical has dedicated female doctors who specialise in women's health, procedures and a complete range of contraceptives such as:

- Mirena /IUD
- Implanon
- Depo Provera
- Antenatal Care
- Postnatal Care
- Breast Checks
- Pap Smears
- Hormone Replacement Therapy
- Treatment of Menopause Symptoms
- Menstrual Problems
- Ovarian Problems
- Genital Health
- Sexually Transmitted Disease
- Uterine Problems
- Urinary Incontinence
- Osteoporosis

Pap Smears

The purpose of a Pap smear is to detect abnormal cells that could have the potential to develop in to cervical cancer. It is recommended that pap smears be done every 2 years unless otherwise advised by your doctor.

Mirena/IUD



Mirena (levonorgestrel-releasing intrauterine system) is a hormone-releasing system placed in your uterus to prevent pregnancy for as long as you want or for up to 5 years. Mirena also treats heavy periods in women who choose intrauterine contraception.

Implanon

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The contraceptive implant implanon nxt is a small, flexible plastic rod that is inserted just under the skin on the inside of the left arm (or the right arm if the woman is left-handed). The implant steadily releases a small amount of hormone that provides contraception for up to 3 years. The implant must be removed at the end of the 3 years but can be removed at any time.

Depo Provera

Depo Provera is a hormone used for contraception. It is given by injection and its effects will last for three months at a time. Depo Provera is a highly effective method of contraception when it is given every 3 months

Antenatal Care & Shared Care

The purpose of antenatal care is to monitor your health, your baby's health and support you to make plans which are right for you. Antenatal checkups prevent most medical problems. Even if there is a problem, early detection helps to control the problem better. For example, there is a condition called pre- eclampsia in which there is weight gain, high blood pressure and stress on the kidney. This is detected by regular blood pressure checks and checking the urine for protein. A urinary tract infection during pregnancy can be detected by a simple urine analysis and its treatment helps the normal growth of the baby in the womb.

Whooping Cough free vaccination available in 3rd trimester.

The Oral Contraceptive Pill

Oral hormonal contraception, known as 'the pill', is highly effective in preventing a pregnancy when taken correctly. In Australia, the two types available are the combined pill and the mini pill. Both types can be purchased from pharmacies with a doctor's prescription.

Breast Checks

A regular mammogram to screen for breast cancer is recommended for women aged 40-75years. This can be arranged free of charge through Breast screen Queensland on 132050. This service is for women without breast symptoms. If you have a breast lump, nipple discharge or other breast symptoms, please make an appointment with one of our GP's for a full examination and tests.

Our Female Doctor Profiles

Dr Alison Roper

Qualified in the UK (London) in 2000.

Dr Roper has worked extensively in general practices and has post graduate qualifications in family planning, Mirena/IUD insertion, Implanon and Obstetrics and Gynaecology. Dr Roper has lived and worked on the Sunshine Coast since 2008.



Dr Deborah Vercoulen

Dr Vercoulen has a family planning certificate in women's health. She offers contraception advice, pap smears, Implanon insertion/removal, menopause management, breast checks. Antenatal checks and children's health. Dr Vercoulen was trained at the University of Sydney and has recently moved from the Northern Territory to join us.



Dr Christelle Greeff

Dr Greeff was qualified in Pretoria, South Africa. Dr Greeff has recently moved from Practising in Morayfield for the past 7 years to join our Practice. Dr Greeff has particular interest in lifestyle medicine, preventative health, women's health and general medicine. Dr Greeff is aiming to acquire further knowledge in the field of nutritional and environmental medicine.



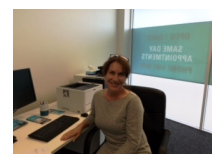
Dr Venera Edwards

Dr Edwards joined our Practice in 2016 after practising at Maleny. Dr Edwards has interest in all general practice, offering all female and family health services.



CORNELIA BAM, Psychologist

Cornelia works full time at Ocean Wave Medical and is offering therapy with Children, Adolescents and Adults who are experiencing psychological, emotional and/or behavioural problems. Individual, Couple, and Group Therapy available. **\$20 gap fee with a MHP**, can be couple therapy. \$150 private consults, rebate maybe available with Private Health. Workcover direct billing also applies.



Consultation Fees

The doctors working in this centre have adopted a blended approach to private and bulk-billing fees to ensure all patients have equitable access to the quality healthcare they deserve and need. Our current fees can be checked with our Reception or on our website. Individual GP consultations may vary, as do fees for home visits and after hours.

Payment is required at the time of consultation. We accept cash, eftpos and credit cards (not Diners or AMEX).

Mirena/IUD Fees

The insertion of the Mirena/IUD is performed by Dr Alison Roper with assistance of a nurse. An initial consult and examination is required with Dr Roper to ensure you are suitable to be fitted with an IUD or Mirena. Dr Roper will discuss the procedure with you, before an appointment is scheduled for the insertion of the mirena/iud. See Reception for costs.

OTHER SERVICES

Baby Health Checks and Immunisations

Ask about our Free Medicare Health Assessments:

- 40-49 year olds
- 45-49 year olds
- 75 and over Health Assessments available every year

All general practitioner services

